



## Health Form 2025 Quick Sticks Camp For All Massachusetts Summer Day Camps

Camp Location: \_\_\_\_\_

Camper's Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Home Address: \_\_\_\_\_

Street City State Zip  
Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_\_ Grade entering in upcoming fall: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_\_ Email Address: \_\_\_\_\_

### **Emergency Contact Information – Required by the Board of Health**

In the event that we are unable to reach you, please provide two alternate emergency contacts:

Emergency Contact Name 1: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Emergency Contact Name 2: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

### **Camper Drop Off/Pick Up Information – Required by the Board of Health**

Name of Person(s) for Drop Off: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Name of Person(s) for Pick Up: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

### **Permission for Medical Care**

I hereby authorize **Achieve Lacrosse Quick Sticks**, or any other appropriate members, to carry out the necessary procedures for diagnosis, immunization, medical treatment, and/or surgical treatment for my son/daughter \_\_\_\_\_ (Please print camper's full name). In rare instances, a medical or surgical emergency requiring treatment arises in which written consent by parents or guardians is legally required, but the proper person cannot be located. In this event, and in order to avoid delay that might jeopardize the life or recovery of a camper, we request the following permission from parents or guardians, with the understanding that every effort will be made to contact you in an emergency. I hereby grant permission to authorize any member of **Achieve Lacrosse Quick Sticks** or other physicians or surgeons, to give emergency anesthesia and perform medical or surgical procedures on my son/daughter named above in the event that he/she is unable to contact me when further delay might jeopardize life or impair recovery. I hereby grant permission to any hospital or physician service to submit and collect from my primary insurance company any and all appropriate charges incurred for services rendered at any of the above-mentioned facilities. I hereby grant permission for the release of any medical information necessary to process said claims for my child.

Insurance Provider Name: \_\_\_\_\_ Address: \_\_\_\_\_

Policy or Group Number: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Printed Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Health History**

Camper's Name: \_\_\_\_\_

Allergies (include medications, foods, insect venoms): None \_\_\_\_\_ Yes, please list: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

General Health History (include chronic illnesses, asthma, concussions, seizures, etc.): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Mental, Emotional and Social Health History (include ADHD, anxiety, depression, etc.): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Wears contacts? Yes \_\_\_ No \_\_\_      Sensitive to heat/cold? Yes \_\_\_ No \_\_\_

Asthma? Yes \_\_\_ No \_\_\_      Had Chicken Pox? Yes \_\_\_ No \_\_\_

Hospitalized/Surgery in past year? Yes \_\_\_\_\_ No \_\_\_\_\_ If Yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Permission to use sunscreen? Yes \_\_\_\_\_ No \_\_\_\_\_

Currently taking medications? Yes \_\_\_\_\_ No \_\_\_\_\_ If Yes, please list: \_\_\_\_\_

\_\_\_\_\_

Bringing any medication to camp? Yes \_\_\_ No \_\_\_ If Yes, it needs to be in original container and properly labeled. Please fill out the Medication Authorization for and return with Health Form.

Name of Medication(s)	Amount/Dose	How is it given?	When is it given?

**By signing this form, we the undersigned swear that all the information is correct to the best of our knowledge.**

\_\_\_\_\_  
Parent/Guardian Signature      Date

\_\_\_\_\_  
Parent/Guardian Signature      Date

**Physician's Section – To be completed by Camper's Physician or Practitioner**

This section must be completed by camper's physician/practitioner OR include a signed physical exam within the last 24 months of camp start date WITH a copy of immunization record. The date of the last tetanus immunization is required.

Date of last physical exam: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ M \_\_\_ F \_\_\_

Is the above camper physically fit for Achieve Lacrosse Quick Sticks? Yes \_\_\_\_\_ No \_\_\_\_\_

Physician's Name (please print): \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Name of Practice: \_\_\_\_\_

Address: \_\_\_\_\_

Physician's or Practitioner's Signature: \_\_\_\_\_ Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Copy of Immunization Record Included** \_\_\_\_\_      **Date of last tetanus booster:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_