



Achieve Lacrosse Protection from the Sun Policy

Background

Achieve Lacrosse Quick Sticks is a summer clinic that teaches lacrosse to girls grades 4-12. As this is an outdoor program, sun exposure is unavoidable.

Policy Statement

It is the policy of the Achieve Lacrosse Quick Sticks that staff will take reasonable measures to protect program participants and themselves against harm from the sun.

Purpose

To assist in providing a sun-safe environment for Achieve Lacrosse Quick Sticks program participants and staff.

Procedures for Clinic Staff Quick Sticks

Clinic staff will provide parents/guardians of day campers with this policy along with registration materials regarding the Achieve Lacrosse Quick Sticks' sun safety policy and provide the necessary information (information on sunscreen, suitable clothing, etc.) for compliance, in order to increase the chance that parents will adhere to the policy. Included in this information package will be the recommendation that sunscreen be applied to all participants prior to drop off. With this information, provide a form to be signed by the parent acknowledging awareness of the Achieve Lacrosse Quick Sticks sun safe policy and with an option to request assistance from day camp staff to assist with re-application of sunscreen. Provide clinic staff with a weekly list of those day campers requested to have assistance with sunscreen re-application.

Procedures for Program Directors

Directors and Staff will keep a supply of non-scented, hypoallergenic spray-on sunscreen at program sites for those staff and participants who may have forgotten theirs. Directors will provide staff with a t-shirt and a brimmed hat as part of their uniform. Directors will encourage staff to wear sunglasses and a hat at all times while outside. Directors will post a copy of the Achieve Lacrosse Quick Sticks sun safe policy and procedures on the clinic website.

Procedure for Day Camp Staff

Staff will ensure that shade is available for program participants throughout the day. Staff will make reasonable efforts to the extent that is possible to see that sunscreen is applied appropriately to all participants. Sun screen is to be applied by parents prior to drop off. Staff will, to the extent that is possible, make a reasonable effort to see that sunscreen is re-applied, if in their opinion, it is necessary. Staff will apply sunscreen in public, open areas, with two or more staff members present. Staff will supervise the re-application of sunscreen among day campers. A child may pair up with a child of the same sex for sunscreen re-application. Staff will not assist with re-application of sunscreen unless assistance is required and requested by the parent. It is the responsibility of the parent to ensure that the participants are responsible for sunscreen application. Parents could assist the staff by practicing the skill at home. Parents requesting assistance from staff with sunscreen re-application will make this request in writing at the time of registration and are asked to reinforce this request directly with staff at the time of drop off. If staff notice a day camper is showing signs of adverse effects of sun exposure, the parent will be notified by phone and the camper will be directed to wear their hat and t-shirt and/or remain in the shade for the remainder of the day. Parents will be contacted by phone if a day camper refuses to follow sun safe procedures.

Sun Safety Policy and Procedures - Form

I, the Parent/Guardian, have read and agree to follow the Sun Safety Policy and Procedures of the Achieve Lacrosse Quick Sticks Clinic.

Child's Name: _____

Child's Name: _____

Parent/Guardian Signature: _____ Date: ____ / ____ / ____

Parent/Guardian Signature: _____ Date: ____ / ____ / ____